



Zooming Granny!



Type of activity: Showing you care

Who is it for? You and your granny or grandpa or other relative who is self-isolating because of the virus.

What do I need? Curiosity, kindness, good ears and a communication method such as Skype, Zoom etc or just a telephone.

Introduction

Your days might be feeling long in your home - but they will also be feeling very, very long for your grannies/grandpas and older relatives who are self-isolating or in care homes where they have no visitors. Now is the time for you to cheer them up and try having a longer conversation with them!

Here's how to...

Here are **10 conversation starters** to have with your granny (or other relative) to get to know and appreciate her and maybe learn about the amazing woman she is. You might even learn a bit about who you are because of her! Try 1 or 2 at a time - and you might add in your own questions as you talk.

1. Names - What is your full name? Where did it come from? Is there a special meaning behind it? Do you have brothers and sisters? Are there stories behind their names? Did you have any nicknames growing up?
2. When and where were you born? What was home like? What were your earliest memories?
3. What kinds of things did you do with your family when you were young?
4. Who were your friends? What did you like to do together?
5. What schools did you attend? What was it like? Did you do after school activities, like sport?
6. What was your favourite subject in school? Why?
7. Who was your favourite teacher? Least favourite? Tell me a story about them
8. Tell me about how you met grandpa? Why did you like him? How did he propose? Walk me through your wedding day!
9. Was my mum/dad ever naughty when they were little? What did they do?
10. Have you had hard times in your life? How do you get through them?

You might want to write down or record some of the stories - ask first. They are treasures to keep and remember!

What can you tell her?

What you have been doing - what has made you happy today?

Show something you have made, drawn, written, cooked (if you can on the media you are using).

Tell her a good joke you have found.

Read her a short story or poem you like.

Sing her a song - she might sing one back! Make a quiz for her.

